Rune Waaler, Knut Skjesol (Eds.)

### Dog Sledding in Norway

Multidisciplinary Research Perspectives

FID SOEIAL- UND KULTURANTHROFOLOCIE in Zusammenarbeit mit der DFG

LIT

#### Content

Foreword	
Rune Waaler, Knut Skjesol	9
Dog Sledding - a Diverse Phenomenon	

## Part 1: Historical and Sociological Perspectives on Dog Sledding

Inge Bugge Knudsen	15
From Polar Exploration to Sled Dog Racing. A Brief Overview of some	
Important Elements in Norwegian Sled Dog History	
Rune Waaler, Tor Oskar Thomassen	45
Long-Distance Sled Dog Racing in Light of Modern Society	
Johanne Sundby	77
Dog Mushing Tensions. Why do we Need so Many Organizations?	
Aase Løken, Idar Lyngstad	95
Experiences in Nature with Dogs on Outdoor Excursions and Wildlife Trips	

# Part 2: Ethics and Animal Welfare in Long-Distance Dog Sledding

Maja Kruuse	117
Animal Welfare in Norwegian Sled Dogs	
Christine Butz, Søren Mosgaard Critical Ethics on Dog Mushing	139

### Part 3: Psychological and Physiological Aspects of Long-Distance Dog Sledding

Andi Weydahl, Giovanna Calogiuri	165
Physical Demands in Dog-Sled Races. Examples from Finnmarksløpet, Europe's Lon-	
gest Dog-Sled <b>R</b> ace. The Mushers' VO2 Max and Workload during the Race	
Andi Weydahl, Giovanna Calogiuri	193
Dehydration during Long Lasting Dog Sled Races: Experiences from	
Finnmarksløpet	
Giovanna Calogiuri, Andi Weydahl	207
Post-Race Sleep Recovery and Sleep Problems in Mushers and Helpers	
Participating in Finnmarksløpet	
Knut Skjesol, Svein Olav Ulstad	227
Dog Sledding and Achievement Goal Theory	
Tor-Oskar Thomassen, Rune Waaler, Svein Olav Ulstad	249
The Effect of Passion on Need Satisfaction and Vitality, Pressure and Effort among	
Mushers in Sled Dog Racing	

#### Part 4: Further Research

Søren Mosgaard, Christine Butz, Rune Waa	ler 277
Dog Sledding as a Field of Study and Research. Shedding I	light on the
Research Gaps	
Notes about the Authours	303
Acknowledgements	307