

# Food and Cultural (In)Compatibilities

*12 Points of View*

Edited by

Gabriela-Mariana Luca

FIB SOZIAL- UND  
KULTURANTHROPOLOGIE  
in Zusammenarbeit mit der DFG

Cambridge  
Scholars  
Publishing



# TABLE OF CONTENTS

List of Figures.....	vii
Foreword .....	x
Acknowledgments .....	xiv
<b>I .....</b>	<b>1</b>
<b>Before Eating</b>	
<i>Human Being Like a Prey: To Hunt the Unknown, with Fear on Their Back.....</i>	<i>2</i>
Gabriela-Mariana Luca	
<b>II.....</b>	<b>17</b>
<b>Dining with Gods</b>	
<i>Food of the Gods - Food for the Gods Across Cultures: Ritual Food Offering and Mythological Imaginary Nourishments.....</i>	<i>18</i>
Slobodan Dan Paich	
<i>Ayurvedic Medicine and Contemporary Foods: Reflections on Its Ancient Roots and Contemporary Responses.....</i>	<i>65</i>
Hitesh Gautam	
<i>Traditions—Contemporary Practice—Medical Use .....</i>	<i>87</i>
Mehmet Kavanoz	
<i>Hittite Cookery: Summary of an Experimental Archaeological Study and Ethno-Archaeological Reconstruction.....</i>	<i>94</i>
Arda Özel	

<b>III</b> .....	<b>107</b>
<b>Dining with Doctors</b>	
<i>Why is Nutrition Important for Rehabilitation Medicine?</i> .....	108
Elena Amăricăi	
<i>Do I eat (Un)Healthy?:</i>	
<i>About the (Il)Literacy of Contemporary Nutritional Currents</i> .....	112
Corina Beljung and Adrian Linte	
<i>Spiritual Malnutrition and Mindfulness</i> .....	134
Anghel Teodora	
<b>IV</b> .....	<b>145</b>
<b>Listening to Anthropologists</b>	
<i>In the Indian Way of Killing and Eating Humans:</i>	
<i>The Cannibal Meal: Act of Cruelty or Ritual Scene?</i> .....	146
Jérôme Thomas	
<i>Paellas: Social and Dietetical Values of a Chameleon Dish</i> .....	182
Frédéric Duhart and F. Xavier Medina	
<b>V</b> .....	<b>217</b>
<b>Subtle Food</b>	
<i>A Matter of (Dis)Taste: Illness and the Performing Arts</i> .....	218
Daniela Șilindean	
<i>Places and Therapy</i> .....	226
Diana Boc-Sînmărghișan and Cosmina Simona Lungoci	
List of Contributors .....	256